



# HILLSBOROUGH TOWNSHIP PUBLIC SCHOOLS

## EXCUSAL FROM CLASS OR PROGRAM

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Please review the specific links below. Be sure to scroll and review the puberty presentation for the appropriate grade level and indicate if you wish your child to be excused from the entire puberty unit (approximately one week in duration) or specific days of instruction throughout that week. Please note that teachers will likely review certain concepts and/or field questions from students from previous days' content / discussions.

- [Overview of Health & Physical Education Units at ARIS](#)
  - [Grade 5 Puberty](#) (Rotation #4)
  - [Grade 6 Puberty - "Personal Growth & Development"](#) (Rotation #4)

Consistent with [Board of Education Policy 5250](#), Excusal from Class or Program, I am requesting that my child be excused from the following instruction (check the appropriate box below). I understand that this will mean that he/she may miss individual lessons and/or units of study.

The entire puberty unit.

A portion of the puberty unit. Please indicate below by checking which day(s) your child is to be **exempt** from class.

Day 1     Day 2     Day 3     Day 4     Day 5

As per Board Policy, I am asking that my student be excused due to the following reason(s):

Moral objection

Conscientious objection

Religious reasons

I understand that my child shall be assigned to an alternate program of independent study on a substitute topic within the health education, family life education, or sex education program. I understand that my child will not be penalized by loss of credit as a result of their excusal, but will be held accountable for successful completion of any alternate assignments. Additionally, I understand that if I have any further specific questions that I will direct them to the building principal.

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

Please return this form to your child's principal.